

“This Is My Body Which Is Given For You”

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*And when He had taken some bread and given thanks, He broke it and gave it to them, saying,
"This is My body which is given for you; do this in remembrance of Me." Luke 22:19*

In the drama of the Lord's Table we are remembering the giving up of His body in behalf of His people. This same theology is being reviewed for us by the apostle Paul in his letter to the Corinthian fellowship (1 Cor. 11:24).

“and when He had given thanks, He broke it and said, "This is My body, which is for you; do this in remembrance of Me” (1 Cor. 11:24).

What does this breaking entail? What does it look like? How was it accomplished? Why was it accomplished?

Jesus Christ gave up His life in order that through His death His people who are/were dead might live. In the absence of His death life would not prevail for His people. It is only when the grain of wheat died that it could bring forth life (John 12:24).

Why do we celebrate the Lord's Table? We celebrate the Lord's Table for in remembering this substitution and selfless sacrifice we find our own lives being raised in newness of life (Rom. 6:4).

The breaking of His body brings healing to my own brokenness. It is only through His stripes that we find our healing. It is because His face was so marred that we can now be changed into His image when we look into His face (1 John 3:3).

It is through His alienation that we find our reconciliation. It is through His separation that we find our access. His death satisfies the wrath of God against the sin of His people.

It is through His death that our old nature loses its dominion and the sin debt against us has been paid for in full.

It is because He was innocent of any crime against Him and because He was blameless of the charges brought and because He was guiltless that the guilty and the culpable and the blameworthy are innocent, blameless, and without guilt.

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His worthiness has now been transferred to His people. Now we, His people, are worthy before His Father. It is because He offered Himself up in fulfillment of a Father's promise to His people, that we are now worthy to approach the Table and celebrate His victory against sin and in obedience to His Father's purpose to secure for His people an immutable victory.

In Christ, His people triumph over daily sin. We now come to the Table to worship Him through remembering His actions in our behalf. Can anything be more glorious for us? Can anything be more celebratory? What more do we need, what more do we want, what more could He do then what He has done and is doing? Oh the glory of resting in His finished work in behalf of His people.

Today as you reflect on the power of His cross to rescue you from your sin, let us not forget that it is because of Him that we have victory over our sin. He is the reason that the Table has value to us as His people. May His Spirit enable us to never forget what is already true.